

RNS Number : 3544V  
Adams PLC  
06 August 2015

**Adams plc**

("Adams" or the "Company")

**Directorate Appointment**

Adams is pleased to announce the appointment of Dr Andrew Mitchell as non executive director of the Company with immediate effect.

Dr Andrew Robert John Mitchell BM, MD, FRCP, FACC, FESC (age 46) is Consultant Cardiologist at Jersey General Hospital and Honorary Consultant at Oxford University Hospitals. Dr Mitchell has published over 160 clinical papers, book chapters and abstracts on areas of clinical cardiology focussing on novel digital health and life science technologies. In addition to his clinical and research work, Dr Mitchell is the founding director of an innovative heart screening company and he also acts as an advisor to digital health start-up companies.

Nicholas Nelson, Chairman of Adams, commented:

"Andrew brings a wealth of experience in the digital health and life science sectors and we look forward to his input as we progress our investing company strategy."

Current directorships and those in the past five years for Dr Mitchell are set out in the table below:

| <b>Current Directorships</b> | <b>Directorships in the past five years</b> |
|------------------------------|---|
| AM Medical Ltd               | University of Jersey Ltd                    |
| Heart for Life Ltd           | Jersey Medical Consultants Ltd              |
| PCR Systems Ltd              |   |
| Bon Santé Consulting Ltd     |   |
| Carmen Health Ltd            |   |
| EHealth Ltd                  |   |

There are no further disclosures to be made under the AIM Rules For Companies Schedule Two.

**Enquiries:**

**Adams plc**

Nicholas Nelson

nelson@nexfin.org.uk

**Nomad**

**Cairn Financial Advisers LLP**

Sandy Jamieson

Tel: +44 207 148 7900

**Broker**

**Peterhouse Corporate Finance Limited**

Heena Karani

Tel: +44 207 469 3393